

## Section One (Heading 1)

---

### Story 1 (Heading 2)

---

In this template, the Body font is Palatino and the Headings font Gill Sans (which is also used for these eye-catching notes and for captions). They share some characteristics of shape although technically Gill Sans is a Humanist font and Palatino an Old Style. I chose these two specifically because a) I believe you would have them on any computer you are using and b) they both have full-height, baseline-aligned digits (1234567890 1234567890).

---

Agreed joy vanity regret met may ladies oppose who. Mile fail as left as hard eyes. Meet made call in mean four year it to. Prospect so branched wondered sensible of up. For pronounce sportsman saw discovery not. Northward or household as conveying we earnestly believing. No in up contrasted discretion inhabiting excellence. Entreaties we collecting unpleasant at everything conviction. They age and draw like. Improving end distrusts may instantly was household applauded incommode.

Why kept very ever home not. Considered ten uncommonly occasional assistance sufficient.

Table 1. This table showing colors used in this template has the VQEGeLetter table style applied; the table is right aligned so that it will "bleed" into the wide left margin if it is wider than 4.25". If you want the caption to also bleed, you will have to manually adjust the left indent of the caption. Add an empty carriage return formatted with "No Spacing" after the table to insert the correct amount of space before the following paragraph.

Color Use	Red	Green	Blue
Body text (automatic)	0	0	0
Heading 1, 3 and 4; header, footer and footnotes; some lines (from VQEG web CSS #003366)	0	51	102
Heading 2, Margin breaking notes, table borders	1	127	177

Name were we at hope. Remainder household direction  
zealously the unwilling bed random. Lose and gay ham sake  
met that. Stood her place one ten spoke yet. Head case knew  
ever set why over. Roused get enable garret estate old county.  
Entreaties you Devonshire law dissimilar terminated.

### **Subhead (Heading 3)**

Out believe has request not how comfort evident. Up delight  
cousins we feeling minutes. Genius  
has looked end piqued spring.  
Down has rose feel find man.  
Learning day desirous informed  
expenses material returned six the.  
She enabled invited exposed him  
another. Reasonably conviction  
solicitude me at discretion reasonable. Age out full gate bed  
day lose.

---

Type the text for a Margin breaking note and  
then apply the style. The frame is set to float ½  
inch below the first line of the **following**  
paragraph.

---

### **Lower Level Heading (Heading 4)**

Compliment interested discretion estimating on stimulated  
apartments oh. Dear so sing when in find read of call. As  
distrusts behavior abilities defective is. Never at water me  
might. On formed merits hunted unable merely by whence or.  
Possession the unpleasing simplicity her uncommonly.

- List Paragraph Style
- Random text inserted
- Mind yet did quit high even you went mind yet did quit high  
even you went
- Six curiosity day assurance bed necessary

Domestic confined any but son bachelor advanced remember.  
How proceed offered her offence shy forming. Returned  
peculiar pleasant but appetite differed she. Residence  
dejection agreement am as to abilities immediate suffering. Ye  
am depending propriety belonging collected.



Figure 1. This Margin breaking figure is not full page width. Insert the figure in front of an empty carriage return, then apply the style. Then select the figure and apply the caption using the Word function "Insert Caption." The caption will be included in the frame that holds the image and should wrap to match the width of the image. The position of the frame for a margin breaking figure is set at 0" relative to the **following** paragraph.

Smiling sweetness distrusts mention he  
in thought equally musical. Wisdom  
new and valley answer. Contented it so  
is discourse recommend. Man its upon  
him call mile. An pasture he himself  
believe besides cottage.

Ladies others the six desire age. Bred  
am soon park past read by lain. As  
excuse eldest no moment. An delight  
beloved up garrets am cottage private.  
The far attachment discovered  
celebrated decisively surrounded for  
and. Sir new the particular frequently  
indulgence excellence how. Wishing an  
if he sixteen visited tedious subject it.  
Mind yet did quit high even you went.

Education against the two however not  
nothing prudent colonel greater. Up husband removed parties  
staying he subject.

But I must explain to you how all this mistaken idea of  
denouncing of a pleasure and praising pain was born and I  
will give you a complete account of the system, and expound  
the actual teachings of the great explorer of the truth, the  
master-builder of human happiness. No one rejects, dislikes,  
or avoids pleasure itself, because it is pleasure, but because  
those who do not know how to pursue pleasure rationally  
encounter consequences that are extremely painful.<sup>1</sup>

On the other hand, we denounce with righteous indignation  
and dislike men who are so beguiled and demoralized by the  
charms of pleasure of the moment, so blinded by desire, that  
they cannot foresee the pain and trouble that are bound to  
ensue; and equal blame belongs to those who fail in their duty  
through weakness of will, which is the same as saying through  
shrinking from toil and pain.

<sup>1</sup> This is a footnote. It contains a [hyperlink](#).



Figure 2. This is a full-page-width figure with an equivalent full-page-width caption that wraps to the width of the frame. Set the image size first, then apply Margin breaking figure. The frame may (is likely to) have to be manually resized to match the figure width. For accuracy, wave your cursor in the general area of where you expect the frame edge to be until it turns into a cross, then right-click and set the width at 6.5" in the "Format Frame ..." dialog box.

These cases are perfectly simple and easy to distinguish. In a free hour, when our power of choice is untrammelled and when nothing prevents our being able to do what we like best, every pleasure is to be welcomed and every pain avoided. But in certain circumstances and owing to the claims of duty or the obligations of business it will frequently occur that pleasures have to be repudiated and annoyances accepted. The wise man therefore always holds in these matters to this principle of selection: he rejects pleasures to secure other greater

Nor again is there anyone who loves or pursues or desires to obtain pain of itself, because it is pain, but occasionally circumstances occur in which toil and pain can procure him some great pleasure. To take a trivial example, which of us ever undertakes laborious physical exercise, except to obtain some advantage from it? But who has any right to find fault with a man who chooses to enjoy a pleasure that has no annoying consequences, or one who avoids a pain that produces no resultant pleasure?



*This margin contained end note will always be positioned at the bottom of the page.*